

What is claimed is:

1. A method of treating pouchitis in a human in need thereof, comprising administering to said human a pharmaceutical composition suitable for rectal use, wherein said composition comprises an oligonucleotide targeted to human ICAM-1 mRNA.
2. The method of Claim 1, wherein said composition is an enema.
3. The method of Claim 1, wherein said composition is a suppository.
4. The method of Claim 1, wherein said oligonucleotide comprises at least an 8 nucleobase portion of SEQ ID NO: 1.
5. The method of Claim 1, wherein said oligonucleotide comprises SEQ ID NO: 1.
6. The method of Claim 1, wherein said oligonucleotide is SEQ ID NO: 1.
7. The method of Claim 1, wherein said composition further comprises a penetration enhancer.
8. The method of Claim 7, wherein said penetration enhancer is a - surfactant, fatty acid, bile salt, chelating agent or non-chelating non-surfactant.